

## TRIDENT Athletics Pricelist 2020

### 2020 MEMBERSHIP PRICES\*

	Monthly	6 Mos	3 Mos
<b>Unlimited</b>	\$250	\$225.00	\$237.50
<b>13 Classes</b>	\$225	\$202.50	\$213.75
<b>9 Classes</b>	\$185	\$166.50	\$175.75
<b>Drop In</b>	\$25		
<b>10 Class Pkg</b>	\$200		

### 2020 MILITARY/LEO/TEACHERS\* -15%

	Monthly	6 Mos	3 Mos
<b>Unlimited</b>	\$212.50	\$191.25	\$201.88
<b>13 Classes</b>	\$191.25	\$172.13	\$181.69
<b>9 Classes</b>	\$157.25	\$141.53	\$149.39
<b>Drop In</b>	\$20.00		
<b>10 Class Pkg</b>	\$190.00		

### COUPLES MEMBERSHIP TOTALS\*-15%

	Monthly	6 Mos	3 Mos
<b>Unlimited</b>	\$425.00	\$382.50	\$403.75
<b>13 Classes</b>	\$382.50	\$344.25	\$363.38
<b>9 Classes</b>	\$314.50	\$283.05	\$298.78

### MIL COUPLES MEMBERSHIP TOTALS\*-10%

	Monthly	6 Mos	3 Mos
<b>Unlimited</b>	\$382.50	\$344.25	\$363.38
<b>13 Classes</b>	\$344.25	\$309.83	\$327.04
<b>9 Classes</b>	\$283.05	\$254.75	\$268.90

\* PRICES ARE PER MONTH

### MORNING HOURS

<b>Mon-Friday</b>	5:15am-6:15am	
<b>Mon-Friday</b>	6:15am-7:15am	
<b>Mon-Friday</b>	7:15am-8:15am	
<b>Mon-Friday</b>	9:00am -10:00am	
<b>Mon/Wed/Fri</b>	12:30pm-1:30pm	

<b>Morning Open Gym</b>	5:15am - 7:15am; 7:00am - 9:00am	
	Reserve your spot on your ZenPlanner App - Check in with a coach when you arrive.	

### EVENING HOURS

<b>Mon-Friday</b>	4:30pm-5:30pm	
<b>Mon-Friday</b>	5:30pm-6:30pm	
<b>Mon/Wed/Fri</b>	6:30pm - 7:30pm	
<b>Saturday</b>	8, 9, 10am	

<b>Evening Open Gym</b>	12:00 - 2:00pm; 4:30pm - 6:30pm; 6:30pm - 7:30pm	
	Reserve your spot on your ZenPlanner App - Check in with a coach when you arrive.	

### SPECIALITY CLASSES

<b>The Performance Lab by Andrea</b>	8:00am Tues & Fri	Regular Fees
<b>Barbell Club</b>	Inquire within	\$40/mo
<b>Olympic Lifting</b>	6 Week Session	\$150
<b>Teens Class</b>	4:30pm Tues & Thurs - Zoom	Inquire within
<b>Kids Class</b>	9:00am Sat	\$60

### CLASS PACKAGES

<b>Group Classes 10 Class Pack</b>	All Classes	\$200 \$190 MIL
<b>Personal Training</b>	10 (1 Hr) Sessions 1 (1 Hr) Session	\$950 \$115
<b>Personal Training</b>	10 (45 min) Sessions 1 (45 min) Session	\$750 \$95
<b>Personal Training</b>	10 (1/2hr) Personal Sessions 1 (1/2 hr) Personal Session	\$550 \$75
<b>Nutrition Consult</b>	<a href="mailto:staff@tridentathleticsva.com">Please Inquire staff@tridentathleticsva.com</a>	

30% fee for breaking contract.

There is a \$6.00 transaction fee for credit card use, EFT is free.

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